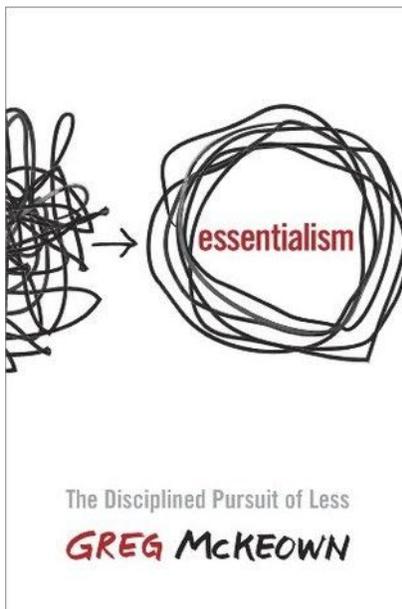


EXPLORING *The Enneagram*

BOOKS FOR TYPE ONE: THE PERFECTIONIST

(AKA *The Idealist* or *The Reformer*)



Essentialism: The Disciplined Pursuit of Less by Greg McKeown

Greg McKeown has taught at companies that include Apple, Google, Facebook, Salesforce.com, Symantec, Twitter and VMware. He was recently named a Young Global Leader by the World Economic Forum.

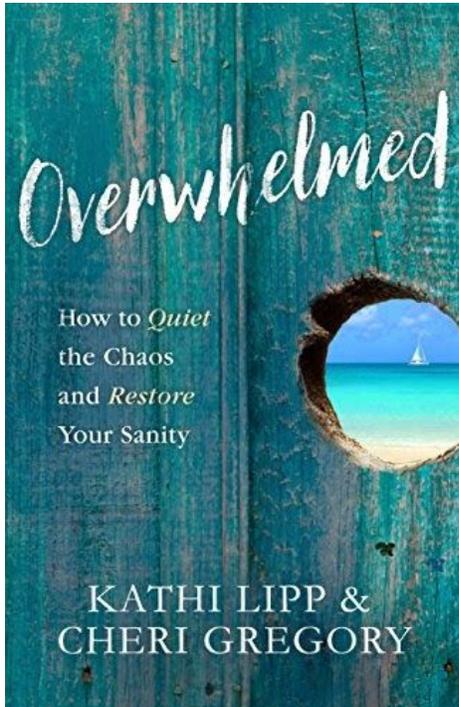
He has conducted research in the field of leadership, strategy and why people and teams thrive and why they don't. He is a blogger for Harvard Business Review and the Influencer Network on LinkedIn.

He also collaborated on the writing and research of the Wall Street Journal bestseller "Multipliers: How the Best Leaders Make Everyone Smarter" (Harper Business, June 2010), "Bringing Out the Best in Your People" (Harvard Business Review, May 2010).

Prior to this research and teaching, Greg worked for Heidrick & Struggles' Global Leadership Practice assessing senior executives. His work included being a part of a year long project for Mark Hurd (then CEO of Hewlett Packard) assessing the top 300 executives at HP.

Greg is an active social innovator. He served as a Board Member for the Washington D.C. policy group, Resolve (KONY2012), and as a mentor with 2 Seeds, a non-profit incubator for agricultural projects in Africa. And he has been a guest speaker at non-profit groups that have included The Kauffman Fellows, St. Jude and the Minnesota Community Education Association.

Originally from London, England, he now lives in Silicon Valley, California with his wife and their four children. Greg holds an MBA from Stanford University.

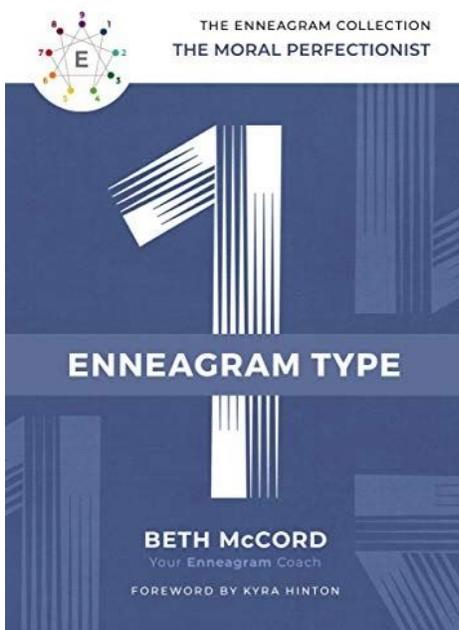


Overwhelmed: How to Quiet the Chaos & Restore Your Sanity

by Kathi Lipp and Cheri Gregory

Kathi Lipp is a full-time speaker and writer as well as being the parent of four young adults with her husband, Roger in San Jose, CA. When she is not doing laundry, she is speaking at retreats, conferences and women's events across the US.

Cheri Gregory is an author, speaker, blogger, writing coach, high school English teacher, and PhD candidate. She speaks and writes about breaking free from perfectionism and people-pleasing.



The Enneagram Type 1

by Beth McCord

The Enneagram Type 1: The Moral Perfectionist is an interactive book that focuses on those who have a core desire to have integrity and to be good, balanced, accurate, virtuous, and right. The book explores the unique motivations, longings, strengths, and weaknesses of a Type 1.

Enneagram author, speaker, and coach Beth McCord is passionate about coming alongside individuals and helping them understand and interpret their story, allowing them to see that lasting change, meaningful relationships, and a life of deep purpose is possible.

Beth's mission is to make personal awareness and growth accessible for everyone, anywhere, so they can experience health and transformation in every area of their lives.