LENT 2024

ST. THOMAS EPISCOPAL CHURCH

ASH WEDNESDAY

Seas



THE SEASON OF LENT: LETTING

LENT + 2024

As we prepared this newsletter for Lent, our annual church yard sale was getting organized in the Parish Hall. Thanks to all who donated items and volunteered. Many people let go of a lot of stuff in order to raise money for Wynnton Neighborhood Network.

What a good way to prepare for Lent!

Bishop Wright chose the theme "Letting Go" for his Lenten teaching series this year. We will watch and discuss his videos on Sunday mornings at 9:30 in the library during this season, and I'll explore the theme in sermons.

Lent is always a season of Letting Go. It is a season of fasting - letting go of destructive habits or patterns in order to embrace life-giving ones. It is a season of self-examination and repentance - letting go of sin and harm in order to walk more fully in love. Historically, Lent was a time of preparation for Baptism - when we renounce (let go) of evil and turn to Jesus. This year, we are preparing to let go of worshiping in the Nave later in Easter season in order to remodel it and make it more accessible to all. Our Journey Groups continue to discuss sermons by Bishop Curry which invite us to let go of the nightmares of this world and embrace the Dream of God.

Letting Go is ultimately an act of trust. We can Let Go of a lot when we know the everlasting arms of God will catch us.

What do you need to Let Go in this season? What fresh hope of new life awaits you in Easter?

Let Go - and embrace a Holy Lent. Rev. Grace

Sunday Worship in Lent



During Lent, we let go of some of our usual patterns of worship and embrace different patterns to mark this season.



We pray with Rite I, the older language of the Prayer Book, to help us pay more *attention* to what we are praying.

On the first Sunday in Lent, we say or sing The Great Litany - the oldest liturgy in the Prayer Book. This series of intercessions seeks God's *forgiveness, protection, and help.*

On remaining Sundays in Lent, we begin with our confession of sin. The Penitential Order brings before God our need for *repentance and mercy*.

We begin the service with *more quiet*.

Join us for worship in this holy season!

STTHOMASCOLUMBUS.ORG OR OFFICE@STTHOMASCOLUMBUS.ORG FOR MORE INFORMATION

LOVE GOD: WORSHIP





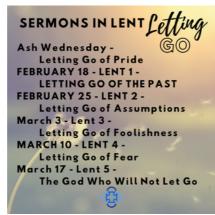
Ash Wednesday Services February 14 Imposition of Ashes & Holy Eucharist

7:00 am in the chapel, Noon & 6:30 pm in the nave

Wednesday liturgies Ash begin the season in solemn prayer and quiet. There is no instrumental music at any of the services, and no music at all at 7 am. A cantor chants at noon. The choir and congregation sing chant and with no accompaniment at the 6:30 pm service. Child care and children's chapel are offered at the 6:30 pm service only. Invite a friend to join you. Wednesday Ash is а day meaningful for Episcopalians and for all Christians alike.



Parish Hall Service If you find yourself looking for a different way to participate in the 10;30 service, consider joining a small group in the Parish Hall where the live stream is shown. Coffee, snacks, and plenty of room to move freely are available. Those worshipping in the Parish Hall are invited to the Nave for Communion if you like.



Sermons in Lent Letting Go

Ash Wednesday Letting Go of Pride February 18 - Lent 1 Letting Go of the Past February 25 - Lent 2 Letting Go of Assumptions March 3 - Lent 3 Letting Go of Foolishness March 10 - Lent 4 Letting Go of Fear March 17 - Lent 5 The God Who Will Not Let Go

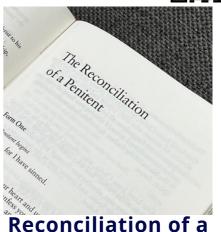


Contemplative Service

4th Sundays, 5 pm, in the Nave Contemplation: I will give them a heart to know that I am the Lord, and they shall be my people and I will be their God for they shall return to me with all their heart. Jeremiah 24:7

Healing: I will bring health and healing to it; I will heal my people and will let them enjoy abundant peace and security. Jeremiah 33:6

sounds like prophet lt the Jeremiah, speaking for God, will be present at our Lenten and Holy Week Contemplative/Healing services at St. Thomas. I hope you will join us there too, to share silence, gentle chanting, scripture, candlelight, meditation, healing prayers with anointing, and the Holy Eucharist. Bring your most vulnerable self, and be met with the gift of silence and healing. Contact Roxane+ any time to learn more.



Reconciliation of a Penitent

Some Christian traditions emphasize the practice of individual confession during Lent. In The Episcopal Church, we call it the Rite of Reconciliation of a Penitent. Two forms of the rite are on pages 447 and 449 of the Book of Common Prayer. Form I begins with confession and ends with scripture and absolution (a declaration of God's forgiveness). Form II begins with scripture and ends with confession and absolution. The Rite of Reconciliation is not required or expected of anyone but is available for all who desire it. Many seek it out part of their practice as of repentance during the season of Lent. Contact any of our clergy to schedule a time for the Rite of Reconciliation. Lay people are also invited to share the rite with one another. Our clergy will offer this rite on Maundy Thursday evening from the end of the service until 10 pm.



Come just as you are.

Saints & Sinners

First Thursdays at 11:30 Join Saints & Sinners for a brief Eucharist, fellowship, and potluck lunch on Thursday March 7 and April 7 at 11:30 am. Following Eucharist at 11:30, the group will share a potluck lunch in the Parish Hall. Bring a dish to share! Everyone is welcome!

LOVE GOD: WORSHIP



Trinity Lent Series

Mondays in Lent, noon to 1 Parish Hall of Trinity Episcopal Church, 1130 First Ave. in Uptown Columbus

Join our friends at Trinity for a simple soup lunch and thoughtful reflection for the season of Lent. Lunch is \$5 payable at the door.

- February 19: The Rev. Salmoon Bashir (Episcopal Cathedral of St. Philip, Atlanta)
- **February 26:** The Rev. Andrew Gordon (St. Mark's Episcopal, LaGrange, GA)

March 4: The Rev. Daniel Potter (First Baptist, Columbus, GA)

March 11: The Rev. Dr. Andy Barnett (All Saints Episcopal, Atlanta, GA) **March 18:** The Rev. Helen White (Christ Church Episcopal, Savannah, GA)





Trinity Church Lenten Lunches 2024

"Returning and Rest: How to Pray"





Baptism & Confirmation Dates

Our next scheduled dates for Baptism are the Easter Vigil (Saturday, March 30 at 6:30 pm) and the Day of Pentecost (Sunday, May 19 at both services). Contact Rev. Grace to schedule Baptism.

The next Diocesan Confirmation service is on Sunday, March 17 at 4 pm at the Cathedral of St. Philip. Those being Confirmed or Received are asked to arrive by 3:15. Contact Rev. Grace if you wish to be Confirmed or Received by February 25.

Lent Meditations

Our Lent reflections this year are on the theme of *Letting Go.*

What has God taught you about letting go? When has letting go been hard to do and when has it been rewarding?

Lent Meditations are 250 to 300 words and will be shared in our Monday, Wednesday, and Friday emails during the season of Lent. Contact Meg if you would like to write a meditation.

Music in Lent:

A message from Rick McKnight We work in a common goal that the music supports the liturgy. In Lent, our services are quieter and more solemn and the music follows suit. The First Sunday in Lent we chant The Great Litany in procession to open the service. Instead of a joyful Gloria we sing a Kyrie (Lord, have mercy). This Lent we will sing David Hurd's New Plainsong. This is very simple and will be sung without organ accompaniment. David Hurd is the Principal Musician at St Mary the Virgin in Times Square, NYC and previously was the Chapel Musician at General Theological Seminary where he influenced many clergy. There will be no organ music on Ash Wednesday, Maundy Thursday or Good Friday. This helps us to understand more the Forty Days of Lent.



Room for All - and for how we will worship together during the construction process. As a reminder, the chapel will remain open throughout most of the construction time, and the 8:30 service will continue to gather there. The 10:30 service will move to the parish hall for a season. St. Patrick built the church in Ireland and we have the joy of following in his footsteps!

Here are some key dates to remember in our process:

February 15 - All materials will be submitted to the Standing Committee of the Diocese of Atlanta for their review.

February 22 - A small group from St. Thomas will meet with the Standing Committee to seek their approval for this project. We invite your prayers on this day!

April 7 - We anticipate that this will be our final 10:30 service in the Nave, before construction followed by lunch and an Easter Egg Hunt.

April 8 - Cornel Zimmer Organ Builders arrive to remove the organ pipes and console. The pipes will be stored in climate controlled storage in Columbus. The console will go to their shop to be reprogrammed with updated digital components. At the end of construction, the console and new speakers for the digital part of the organ will be installed in the front of the Nave and the pipes will be returned to the back of the Nave at the end of construction. Once the pipes are removed, other construction can begin.

Assuming construction begins on time, our contractor, Batson-Cook, anticipates that we will be back in the nave by Christmas.

Thanks to all who are helping St. Thomas Make Room for All!

LOVE EVERY PERSON: FELLOWSHIP & WELCOME



CONGREGATIONAL VITALITY EPISCOPAL DIOCESE



Come Hear Becca Stevens

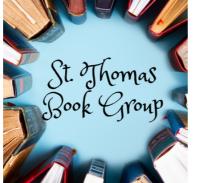
Thursday, February 22, 10 am to 2 pm, Cathedral of St. Philip, Atlanta

The Reverend Becca Stevens is an ordained Episcopal priest and social entrepreneur who has helped launch 10 justice not-for-profits. One of her ventures, Thistle Farms, was featured in the recent film A Case for Love. She will share the story of Thistle Farms and what it means to lead with love. She will engage diocesan leaders about breaking boxes that restrict how we preach and live in the marketplaces of our lives. She believes that curiosity, commerce, creativity, and courage are signposts that lead to freedom in ministry. She will encourage us in our small acts done with great love that make this blue planet still a place of hope. This event is open to ALL, clergy & laity, in the Diocese of Atlanta. The cost is \$20. We would love for a group from St. Thomas to attend. Let us know if you would like to go and if you are able to drive others. Registration deadline is February 15.

ST. THOMAS Men's group

Men's Group February 29th, 5:30 pm Nonic at Highside Market

Men of St. Thomas are invited to gather for a time of fellowship. We will tentatively meet at Nonic at the Highside The owners Market. believe that the restaurant will be open by then, but if for some reason there are delays, we will share! Contact Paul Hostetter for more information.



St. Thomas Book Group

March 1, 1¹ am The St. Thomas Book Group meets the first Friday of each month September through May in the church library at 11:00 am. The Indigo Girl by Natasha Boyd is for March. and April's selection is The Runaway lennifer Ouilt by Chiaverini. An informal everyone group, is welcome. Come and bring your friends. Call Martha Mullinax or Alice Barlow for further information.



Director of Children and Family Ministries

part-time (25 hours a week) The Director will lead ministries with children (Nursery to grade 5) and families with a focus on building a community of love and support, offering an age-appropriate introduction to the scriptures and Episcopal tradition, and fostering lifelong growth in the Christian faith. Deadline to apply: March 10.

Job Postings Find details at

Find details at stthomascolumbus.org/ job-postings/

Administrative Assistant

part-time (15 hours a week) The Assistant will serve the parish by phones, answering managing the entrance to the office, preparing Sunday bulletins and assisting with data entry. This position will also support other administrative staff and maintain a welcoming and efficient office atmosphere. We imagine this person being in the office 3 days a week with some flexibility. Deadline to apply: February 25.



Women's Group

March 15, 11:30 am, Cafe Amici

Gather with women at St. Thomas for a meal and fellowship. This group meets once a month and typically alternates between meeting for lunch or dinner at a restaurant. All who identify as women are welcome to gather. The next women's group dinner will be on march 15 at 11th and Bay at 6:30. Let us know you're coming by 10/17 with the form online or contact the church office.



PALM SUNDAY



SAVE THIS SCHEDULE ON YOUR FRIDGE OR SHARE WITH A FRIEND!



Palm Sunday March 24, 8:30 & 10:30 am

The 8:30 service begins in the Chapel. The 10:30 service begins outside, weather permitting. We begin both services by raising our palm branches and shouting "Hosanna." Then we read the story of Jesus's Passion, this year from Mark's gospel. There is no sermon on this day. We share in Eucharist and end in silence to begin Holy Week.

Maundy Thursday

March 28, Agape Soup Dinner at 5:30, Service at 6:30 pm Join us in the Parish Hall at 5:30 for a simple meal of soup and bread. At 6:30, gather in the Nave for a ritual of foot washing followed by Eucharist. The service ends with stripping the altar of all adornment, a sign of mourning for Good Friday. Nursery care will available beginning at 6:15. Children will go to Children's Chapel at the start of the service and join their families for foot washing, Eucharist, and stripping of the altar.

The Watch March 28, 7:30 pm - 10 pm

"Could you not keep watch with me one hour" (Mathew 26:40) Come and go from the Columbarium (Chapel in case of rain) to pray as if you were staying up with Jesus in the garden. Devotional materials will be available. Priests will also be available during these hours to offer the Rite of Reconciliation.



THE WATCH

Good Friday March 29, Liturgy of the Day at noon,

Stations of the Cross Service in the Nave at 6:30 pm The Liturgy of the Day is at noon, with a reading of the Passion from John's gospel and adoration of the cross. Stations of the Cross will be set up in the Nave throughout the afternoon for individual meditation and reflection. A service of Stations of the Cross will be in the Nave at 6:30 pm. Nursery care will be available for the 6:30 service. Older children are invited to join their parents.

Holy Saturday

This brief liturgy recalls the burial of Jesus. We bless a new paschal candle to light at the Easter Vigil and remember everyone who was buried under the light of the old paschal candle. This service acknowledges the grief of Holy Week and the many griefs we carry. We gather in the columbarium, or in the chapel in case of rain.



Mark your calendars now and plan to Let Go of other commitments in order to take part in **Holy Week** services.

Walking with Jesus through his betrayal, arrest, crucifixion and death brings us to a more glorious and powerful experience of **Resurrection**.



March 30, 9:30 am



FASTER / VIGI

Easter Vigil March 30, 6:30 pm

We gather outside to kindle a new fire and welcome the light of Christ. We enter a darkened Nave and hear the Exsultet (an ancient Easter hymn) while we light candles from the new paschal candle. We hear the scriptures and a sermon in darkness, and then turn on the lights to welcome Easter and celebrate Baptism. The Nursery will open at 6:15. Children will go to children's chapel during the lessons and sermon and return for Baptism and Eucharist.



Easter Sunday March 31, 9 & 11 am

Two nearly identical services at 9 am (no incense) and 11 am (with incense) with brass and glorious music to celebrate the risen Christ. Sausage muffins and pastries will be available outside and in the parish hall. Children and families are invited to flower the cross outside as you arrive. Nursery care and children's chapel will be available at both services.

The Easter Egg Hunt will be on the Second Sunday of Easter, April 7, following the 10:30 service. Join us for lunch after the 10:30 service in the parish hall. Assuming everything goes according to schedule, April 7 will be our final Sunday of worship in the current Nave. We plan to begin worshiping in the Parish Hall on April 14.

LOVE EVERY PERSON: FELLOWSHIP & WELCOME





Screening: The Philadelphia Eleven

March 10, 5 pm, Parish Hall An inspiring example of letting go... Special on-

letting go... Special online screening of the new documentary **The Philadelphia Eleven**,

a film by Margo Guernsey and Nikki Bramley. In an act of civil disobedience, a group of women and their supporters organize their ordination to become Episcopal priests in 1974. One Episcopal Church welcomes them, but change is no small task. The women are harassed, threatened, and banned from stepping on church property.

this feature-length In documentary film, we meet the women who succeed in building a movement that transforms age-old an institution, and challenges the very essence of patriarchy within Christendom.

This screening is at no cost but donations are welcome. A light supper will be offered. Please let us know you're coming on our website, QR code, or email the church office.

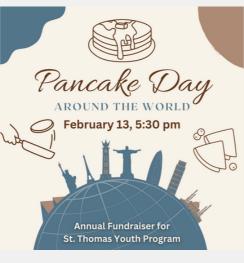


Wednesday Dinners served from 5:30 - 6:15 vegan and gf options available each week

The suggested cost is \$7.50 per adult, \$5 per child under 12, and \$25 per family. However, we invite you to pay what you can - more or less as you are able. We want everyone to be able to participate. In order to prepare (and not waste food), we need reservations each week by midnight on Monday. Menus are posted on the website, and you can register and pay online for up to a month at a time. (We actually prefer to receive payment online to avoid dealing with cash.) Wednesday Dinner reservation cards are in the pews. Fill it out on Sundays and drop in the offering plate.

February Menus:

14th: No dinner, Ash Wednesday 21st: Greek chicken, roasted potatoes, green beans 28th: Mexican casserole, yellow rice, black beans





March Excursion

March 16, 8 am On Saturday, March 16, long-awaited excursion for St. Thomas folks: A Pilgrimage to Montgomery AL to experience both the

Legacy Museum and the National Memorial for Peace and Justice, powerful immersive journeys through American's history of racial injustice.

This will be an all-day event. We'll carpool, leaving the church at 8:00 am, eat lunch between the two tours, and arrive home early evening. Firm deadline for signing up is February 23, so give Roxane or Jane Wilson a call or email as soon as possible with questions or to join the pilgrimage (pilgrimage = journey to a sacred place.)

The Legacy Sites invite visitors to reckon with our history of racial injustice in places where that history was lived.

Situated on lands occupied by Indigenous people for centuries, in a region that once held the largest population of enslaved Black people and would later become the heart of the Civil Rights movement, the Legacy Sites offer visitors a powerful opportunity to engage with history and begin an era of truth telling.

Learn more at legacysites.eji.org

Shrove Tuesday Youth Fundraiser

February 13, 5:30 pm

Join us for a "Pancake Day Around the World" celebration presented by the St. Thomas Youth. Youth will showcase Shrove Tuesday traditions from countries all across the globe as we enjoy our own delicious pancake dinner. We will also have a pancake flipping contest and pancake trivia. Come out to support our youth ministry and hear an update on all that's happening for young people at St. Thomas. All donations made will support the youth program including the Summer 2024 trip to General Convention in Louisville, KY.

YACT Socials

Join YACT for our upcoming monthly socials! This is a chance for Young Adults (21-40ish) to fellowship and connect together while having fun in the Columbus area.



Desert Tasting @ Saltcellar Thursday, Feb. 22nd at 7:30 PM



Please RSVP to Taylor by Feb. 15

Correction of the correction o

lease RSVP to Taylor Mack by March 15th



For tickets, contact Taylor by April 11th



Episcopal Campus Ministry

ECM is a ministry for undergraduate and graduate students that explores faith and life in the context of being a college student. We meet each Tuesday night for prayer, dinner, and discussion. Contact Taylor at taylor@stthomacolumbus.org for more information on how to participate.

ECM Dinner Donations Needed

Want to help support to Episcopal Campus Ministry at Columbus State? We are looking for parishioners to donate food or dollars for our Tuesday evening weekly meals. If you would like to provide a meal or donate the price of a meal (\$60), please contact Taylor Mack.

LEARN TOGETHER: ADULTS



Sunday Adult Formation: Letting Go Bishop Wright's Lent Series

starting Sunday, Feb 18, 9:30-10:15, Library Bishop Wright's Lent teaching series this year looks at Letting Go in order to embrace the life to which God calls us. Join us on the first four Sundays in Lent to watch and discuss a brief video.

February 18 - Lent 1 - Letting Go of the Familiar February 25 - Lent 2 - Letting Go of Control March 3 - Lent 3 - Letting Go of the Church March 10 - Lent 4 - Letting Go of Condemnation March 24 - Palm Sunday - Letting Go of the Fear of Death

On the Sunday, March 17, we gather in the Parish Hall for an update about *Making Room for All.*



Journey Groups: "A Case for Love"

Wednesdays at 6:30 pm and Sundays at 4 pm Journey Groups, which began on January 31, will watch and discuss more sermons by Presiding Bishop Curry who has had a profound effect on the ministry and witness of the Episcopal Church. A new Presiding Bishop will be elected in the summer of 2024. In addition, the Manna and Mercy Journey Group will continue their study of the second half of the book, focused on the ministry of Jesus and the early church. It s not too late to join one of the Case for Love groups. Contact the church office for more information.

LEARN TOGETHER Join us for weekly programming! <u>st. thomas</u> 💽 Wonderful Wednesdays: 6:30-7:30 Shine Time: Sunday Mornings from 9:30 - 10:15 AM

A Look Ahead:

•Ash Wednesday, February 14: Evening Service at 6:30 with Children's Chapel/Nursery •Maundy Thursday, March 28: Evening Service at 6:30 with Children's Chapel/Nursery

- •Good Friday, March 29: Intergenerational Stations of the Cross at 6:30 with Nursery
- •Easter Vigil, March 30: Evening Service with Children's Chapel/Nursery
- •Easter Sunday, March 31: Flowering of the Cross, Children's Chapel/Nursery
- •Easter 2/St. Thomas Sunday, April 7: Parish Lunch and Egg Hunt



ShineTime & Tween Time Sunday School

9:30 am -10:15 am

Sunday School programming will continue throughout Lent for all ages. Children (grades Pre-k to 3rd) will meet in the Outreach center. Tweens (grades 4th to 8th) will gather in the Youth Room. Each week, children and tweens will explore a bible story and consider how it applies to their

own life. There will be NO Sunday School classes on Easter Sunday.

Diocesan Youth Events



Happening 79 @ Camp Mikell - Feb. 16-18 Several St. Thomas High school youth will attend Happening 79 for a chance to dive deeper into relationships with God, themselves, and others. "Graves Into Gardens" will be the retreat song (by Elevation Worship) and theme — we'll explore howGod makes all things new in our lives, even when hope and joy feel far away.

New Beginnings 47 @ Camp Mikell - March 1-3

Middle school students are invited to spend a weekend having fun at camp and exploring ways to connect to God, people, and their purpose. <u>Registration closes</u> after Sunday, February 18. Our theme is Reckless Love — don't miss it!



Youth Summer Trip June 22-27

Youth Trip to General Convention in Louisville, KY. This is an opportunity to share in Presiding Bishop Curry's last revival gathering, learn about the wider work of The Episcopal Church, and be present for the election of our next Presiding Bishop. Contact Taylor if you would like to participate.

WEDNESDAY NIGHTS cpiscofids & thommics 6:30-7:30 PM	
1ST WEDNEDAY OF THE MONTH	2ND WEDNESDAY OF THE MONTH
L.O.V.E learning, offering, valuing, evolving	Craft Night
3RD WEDNESDAY OF THE MONTH	4TH WEDNESDAY OF THE MONTH
L.O.V.E learning, offering, valuing, evolving	Game Night
BONUS 5TH WEDNEDAY JOINT YOUTH & CHILDREN ACTIVITY	

Wednesday Nights 5:30 - 6:30 pm

Throughout the Lenten youth Season, will explore some of the many ways to practice prayer during our Wednesday night gatherings. Join us parish following the dinner for a chance to explore different ways of praying together.

Apply for DYC!

Apply for DYC! Applications for the 2024-25 **Diocesan Youth Commission** will go live in mid-February. DYC is for high school students who are serious about growing in their faith, their community, and their leadership. This is a great opportunity to learn skills and make connections that will prepare students for college and beyond. The commission meets (primarily on Zoom) throughout the school year. Students on the Commission function as a type of student government for the Diocese and host several of our youth events and initiatives, including:

- The Overnight @ Annual Council (a lock-in)
- DYC Winter Camp (a retreat at Camp Mikell)
- Rise Again, a faith-based mental wellness initiative And more!



THOMMIES

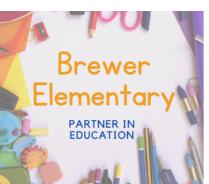
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Save-the-Date! Graduation Sunday

May 12, 2024 If you are graduating from high school, college, or graduate school, St. Thomas wants to recognize YOU! Graduation Sunday is a chance to congratulate all our graduates on the hard work and dedication they have put towards their Please education. contact Taylor if you are a 2024 graduate.

SERVE TOGETHER





Brewer Elementary Update

Here are some pictures from our Buddy Pack delivery on February 6. Or next delivery is on Tuesday, March 5. We meet at 9:00am at Feeding the Valley Food Bank and deliver a month's worth of pack buddy meals to Brewer Elementary School. 80 meals go home to children living in food insecure homes every Margo Friday. Contact Easterbrook or Libba Russell if you're interested in joining us.

We'll be collecting snacks in the Spring for State Testing Week in April. Please keep your eye out for more information. A New Opportunity at Brewer

Would You Like to Help a Student Learn to Read? Nancy Powell, a retired teacher, is working out this opportunity to work closely with more students for reading recovery. Mrs. Woodall, principal Brewer at Elementary School, and I are planning a way to help students who don't know their beginning sounds and sight words catch up in reading. Some of them missed Kindergarten because of Covid. There are even some in third grade who need help. The school will provide the and teaching space materials for volunteers. The grouping and teaching time haven't been decided yet. You don't have to be a retired teacher to do thisyou just need to want to help a child. Please let me know if you would like to help a Brewer student be a better reader and we can get to work! - Nancy Powell







St. Thomas Workday Basement & Attic Clean Out

Saturday, March 2, 9 am until noon It's time to start cleaning out the basement and attic to prepare for our renovation in April. Join us on the first Saturday in March to begin moving items into other places on campus. This work day will involve climbing steps, packing items, and moving boxes. A more detailed plan will come together later in February. Watch the email newsletter for more information.



Soccer practice for the little kids began on a cold wet Monday. Nonetheless, we had a great turnout. Everybody is excited about the new season. Schedules will be posted on our website at eastcarverheights.org soon. We are always on the lookout for lightly used soccer cleats sizes 1 - 10 and water bottles. We're fielding six teams this spring! Contact Greg Herring for more information!



Path to Shine-Columbus is celebrating 10 years this year. We are one of the oldest Path to Shines in the Diocese of Atlanta. We meet on Tuesdays, 4:30-6pm at 800 32nd Avenue next to Carver Heights Presbyterian Church. Thank you to all from St. Thomas who agreed to speak at Path to Shine and all who prepare the snacks. We are celebrating Black History Month by helping with projects and reading biographies. We had fun going to see "Junie B. Jones-Toothless Wonder" at the CSU River Stage.

The Boxwood F.A.N.N. is proud to keep 12 families in poverty food secure. The focus for 2024 is health! We are working with Dr Asante Hilts and Valley Healthcare and The Food Mill mobile market to have healthy produce, and good health resources. The Food Mill Mobile Market will be at the Boxwood Recreation Center on February 23rd . They have locally grown produce at fantastic prices.



WNN Food Pantry

Thanks to all who supported the Yard Sale and raised money for WNN. Please continue to remember the food pantry in your weekly shopping.

SERVE TOGETHER



Pastoral Care at St. Thomas

all Calling angels! Calling those who love to serve others, have fun, and be compassionate, all at the same time. We've got a clear need at St. Thomas for parishioners to visit fellow parishioners who cannot get out and about.

Specifically we are looking for people to (1) Visit someone once or twice a month to in engage conversation, play games, read together, whatever comes or up. (2) Visit someone once a month to share Communion. Holv Plenty of advice and guidance if you need it are available. Calling angels! Contact all Roxane+ to sign up. Safeguarding God's People training will be provided for all volunteers.



Our church directory is a great resource tool to get to know our church family better!

Simply go to the App Store, search for Instant Church Directory 🛜 and download the FREE app to begin.

You will use your email address listed in the directory to CREATE A LOGIN the first time you use the directory app.

If you're not listed in the directory, OR if you have trouble logging into the app, please contact the church office.



Once have you downloaded the app, you can update vour own information!

Paper copies of the Church Directory are also available in the church office. Contact us if you'd like one.



Striving for Justice with **CVEM**

Justice for Striving continues another year of social justice These conversations. conversations take place in person on the 4th Sunday of the month from 4-5:30 pm at different churches in our area. Join us as we talk about the process of Racial Healing. On February 25, we will hear from the Harris County Community Remembrance Project, and on March 24 we will wrap things up with the Muscogee County Remembrance Project. Additionally, look for invitations visit to Beallwood for Neighborhood Conversations. Hear about what's in happening our

community. -Malinda Shamburger, Director

> LOVE GOD. LOVE EVERY PERSON The online swag shop is LEARN AND SERVE together.





TAP 2024 Save the Date June 24-28

Save-the-date for TAP!

We hope you'll plan to join us for the 2024 Thompson-Anderson-Pound Art Program this summer! Children ages 6-11 are invited to TAP. attend an interfaith, intercultural arts program. For more information see cvemjubilee.org/tap

Nametags!

We're encouraging everyone to wear your nametag at church! A sheet can be found in the Nave to request a nametag. Leave it in vour car or purse. Wooden nametag holders are there if you need to leave yours each week. We do not make nametags for children without a request for them for safety reasons.

St. Thomas Swag Shop

Apparel, water open! bottles, notebooks, and more are available with the St. Thomas logo and tagline. We also have new designs available shirts on and sweatshirts. Find the link on our website or go to shop.threadmob.com/stt homaschurch/shop/ or use the QR code in this newsletter!

Note about how to receive this newsletter

Seasons is published seven times a year -Advent/Christmas, Epiphany, Lent, Éaster, and three times in the Season after Pentecost. You can pick up a copy any Sunday or Wednesday. New editions are typically distributed the Sunday before the season begins. We are happy to mail copies to anyone who wishes to receive a copy at home. Email office@stthomascolumbus.org to be added to the mailing list. The Easter Seasons newsletter will be available on March 31 and will be mailed the following week.

Have St. Thomas News to Share?

The deadline for the Easter Season edition of this printed newsletter is March 18. Contact Meg if you have info related to St. Thomas to share.

